MOHICAN FAMILY CENTER RECREATION

December 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803						Open gym 6-9 pm
2	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Jingle Bell Walk 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 6 craft night 6-9 Basketball	8 Open gym 6-9 pm
9	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 5 Family Fun night 6 7th-12th grade swim trip	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 5-Adult Festival of lights trip 6-9 Basketball	Open 11:30-5 Community Christmas Party
16	6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	6-3:30 open gym 12-1 Noon-Ball 4:30 9-Adult movie trip	6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 6 craft night 6-9 Basketball	closed
30	Closed 31 Closed HappyNewYear	Merry Christmas Closed	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 6 craft night 6-9 Basketball	closed

SUBJECT TO CHANGE Call 715-793-4080