

MFC March Recreation 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803					1 6-3:30 open gym for adults 12-1 Noon-Ball 6 Movie Night 6-9 Basketball	2 Open gym 6-9 pm Linda ASP Coverage
3	4 6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	5 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 6 Shawano Movie Night 6-9 Men's Basketball	6 6-3:30 open gym for adults 12-1 Noon-Ball 6 Strong bones exercise class 6-9 Basketball	7 6-3:30 open gym for adults 12-1 Noon-Ball 5:15 Shawano Garden Seminar 6-9 Basketball	8 6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball	9 Open gym 6-9 pm Wita ASP Coverage
10	11 6-3:30 open gym for adults 12-1 Noon-Ball 6:00 pm Strong bones exercise class 6-9 Basketball	12 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics 6-9 Men's Basketball	13 6-3:30 open gym for adults 12-1 Noon-Ball 6 Strong bones exercise class 5pm FAMILY FUN NIGHT 6-9 Basketball	14 6-3:30 open gym for adults 12-1 Noon-Ball 5:15 Shawano Garden Seminar 6-9 Basketball	15 6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball HW?	16 Open gym 6-9 Nicole ASP Coverage
17	Holiday CLOSED	19 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics 6-9 Men's Basketball	20 6-3:30 open gym for adults 12-1 Noon-Ball 12-Lobby FSP HW 6pm Strong bones exercise class 6-9 Basketball	21 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics %-6 Clinic 6-9 Basketball	22 6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball	23 Open gym 6-9 Jadin ASP Coverage

24	<p style="text-align: right;">25</p> <p>6-3:30 open gym for adults 12-1 Noon-Ball 6pm Strong bones exercise class 6-9 Basketball 24</p>	<p style="text-align: right;">26</p> <p>6-3:30 open gym for adults 12-1 Noon-12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics 6-9 Men's Basketball</p>	<p style="text-align: right;">27</p> <p>6-3:30 open gym for adults 12-1 Noon-Ball 6pm Strong bones exercise class 6-9 Basketball</p>	<p style="text-align: right;">27</p> <p>6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball</p>	<p style="text-align: right;">26</p> <p>6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball 105</p>	<p style="text-align: right;">29</p> <p>Open gym 6-9 Chenoa ASP Coverage</p>
30	<p style="text-align: right;">31</p> <p>6-3:30 open gym for adults 12-1 Noon-Ball 6pm Strong bones exercise class 6-9 Basketball</p>					

Times and Dates may change please call 715-793-4807 John Miller for any questions