

MFC February Recreation 2019

February

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803 Friday = "Sunday" 1 " "						
					1 6-3:30 open gym for adults 12-1 Noon-Ball 4-6 Bowler BB Practice Gym	2 Open gym 6-9 pm Joe Miller Coverage
					6-9 Basketball Friday = "Friday" 1 3 <> 0 4 "" 41	

3 Times may change please contact MFC at 715-793-4080	4 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 4:45 Strong bones exercise class 6-9 Basketball -4159	5 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics 6 movie night 6-9 Men's Basketball -4	6 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball-3977	7 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball-3886	8 6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball-3795	9 Open gym 6-9 pm- John Miller Coverage
10 6-3:30 open gym	11 6-3:30 open gym for	12 6-3:30 open gym for	13 6-3:30 open gym	14 6-3:30 open gym	15 6-3:30 open gym	16 Open gym 6-9 pm

for adults
12-1 Noon-Ball
4:45 Strong bones
 exercise class
 6-9 Basketball
 -3748
12-1 Noon-12-1 Noon-
Co-Ed Volleyball
4:45 adult water
aerobics
 6-9 Men's Basketball
 -3748
6-3:30 open gym
for adults
12-1 Noon-Ball
4:45 Strong bones
 exercise class
POKER Fitness
 6-9 Basketball
 6-9 Basketball-3475
for adults
12-1 Noon-Ball
4:45 adult water
aerobics
 6-9 Basketball-3384
for adults
12-1 Noon-Ball
4-6 Financial
Workshop
6 movie night
 6-9 Basketball-3384

Open gym 6-9 pm
 Phillip Duffek
 Coverage

17 Holiday 18
 19
6-3:30 open gym for
adults
12-1 Noon-Co-Ed
Volleyball Ball
4:45 adult water
aerobics
Movie Night
 6-9 Men's Basketball
 20
6-3:30 open gym
for adults
12-1 Noon-Ball
4:45 Strong bones
 exercise class
Cedar Creek Trip
 6-9 Basketball
 6-9 Basketball
 21
6-3:30 open gym
for adults
12-1 Noon-Ball
Clinic Training
4:45 adult water
aerobics
 6-9 Basketball
 22
6-3:30 open gym
for adults
12-1 Noon-Ball
6 movie night
 6-9 Basketball
 22
 Head Start Lobby
 Open gym 6-9 pm-
 Steve Duffek
 Coverage

23
6-3:30 open gym
for adults
12-1 Noon-Ball
4:45 Strong bones
 exercise class
 6-9 Basketball
 -3017 = 0, "" -3017
 < 28 -3016 ""
 -3016-
 24
6-3:30 open gym for
adults
12-1 Noon-12-1 Noon-
Co-Ed Volleyball Ball
4:45 adult water
aerobics
 6-9 Men's Basketball
 -2926 = 0, "" -2926 <
 28 -2925 "" -2925-
 -2834 "" -2834-283
 25
6-3:30 open gym
for adults
12-1 Noon-Ball
4:45 Strong bones
 exercise class
 6-9 Basketball-2835
aerobics
 6-9 Basketball
 -2835 < 28
 -2834 "" -2834-283
 26
6-3:30 open gym
for adults
12-1 Noon-Ball
4:45 adult water
aerobics
 6-9 Basketball
 6-9 Basketball
 27
6-3:30 open gym
for adults
12-1 Noon-Ball
6 Clinic
movie night
 6-9 Basketball
 28
 Open gym 6-9 pm
 Cheryl Pieper
 Coverage

EVENT

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 Want to insert a picture from your files or add a shape, text box, or table? You got it! On the Insert tab of the ribbon, just tap the option you need.

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 View and edit this document in Word on your computer, tablet, or phone.

